

Subject Leader Report: PSHE



'Our Vision is for every child to love learning, be compassionate and achieve now and in the future. Working together with our communities, we will give our children roots to grow and wings to fly.'

Our Aims in PSHE

Our intention is that when children leave Portsdown Primary School and Early Years, they will do so with the knowledge, understanding and emotions to be able to play an active, positive and successful role in today's diverse society. We want our children to have high aspirations, a belief in themselves and realise that anything is possible if they put their mind to it. It is important that they are aware, to an appropriate level, of different factors which will affect their world and that they learn how to deal with these so that they have good mental health and well-being.

Our PSHE curriculum develops learning and results in the acquisition of knowledge and skills which will enable children to access the wider curriculum and prepare them to be a global citizen now and in their future roles within their community. It promotes the spiritual, moral, cultural, mental and physical development of pupils, preparing them for the opportunities, responsibilities and experiences for later life.

The teaching of Relationships and Sex Education

We, as a school, must follow the statutory guidance. Primary schools are required to teach **Relationships Education** (not full sex education). We, therefore, must cover healthy friendships; family life (including different family types); respect, kindness, honesty; personal boundaries, privacy, and how to recognise unsafe situations both offline and online. Sex education beyond the science curriculum is optional for primary. Therefore, as this is taught in the school, parents have the right to withdraw their child. However, pupils must learn the correct names for body parts and as a school, we also address online safety and respectful relationships throughout the children's time in the school.

Planning and Teaching

In EYFS, PSHE is taught as an integral part of topic work and is embedded throughout the curriculum. The objectives taught are the Personal, Social and Emotional Development statements from 'Development Matters EYFS' and the PSED Early Learning Goals. Reception also uses the Jigsaw Scheme of Work materials.

In Key Stage 1 and 2, PSHE is taught through a clear and comprehensive scheme of work in line with the National Curriculum. We ensure we cover the health and well-being, relationships and living in the wider world learning opportunities which comprehensively cover the statutory Health Education and Relationships Education guidance.

Pupils are taught using 'Jigsaw' which is a spiral, progressive scheme of work, covering all of the above. There is a strong emphasis on emotional Literacy, building resilience and nurturing mental and physical health. It includes mindfulness to allow children to advance their emotional awareness, concentration and focus. It also identifies links to British Values, and SMSC and is taught in such a way as to reflect the overall aims, values, and ethos of the school.

At Portsdown, the Sex Education aspects of PSHE are taught through 'Jigsaw' as well as our Science Curriculum. We teach about different kinds of relationships, including same sex relationships, and gender identity because it is important that our children should have an understanding of the full diversity of the world they live in and be prepared for life in modern Britain.

PSHE is taught through Jigsaw's six half termly themes with each year group studying the same unit at the same time (at their own level):

Autumn 1: Being Me in My World

Autumn 2: Differences (including anti-bullying)

Spring 1: Dreams and Goals

Spring 2: Healthy Me

Summer 1: Relationships

Summer 2: Changing Me (including Sex Education)

Assessment

Assessment: Termly assessments by teachers are made against age related expectations.

Monitoring the Quality of Teaching and Learning

By the time our children leave our school they will:

- be able to approach a range of real life situations and apply their skills and attributes to help navigate themselves through modern life
- be on their way to becoming healthy, open minded, respectful, socially and morally responsible, active members of society
- appreciate difference and diversity
- recognise and apply the British Values of Democracy, Tolerance, Mutual respect, Rule of law and Liberty
- be able to understand and manage their emotions and have a positive self esteem
- be able to look after their mental health and well-being
- be able to develop positive, healthy relationship with their peers both now and in the future.
- understand the physical aspects involved in RSE at an age appropriate level
- have respect for themselves and others.

This impact is measured through learning walks, pupil and staff interviews and book looks.

Wider Enrichment Opportunities

- We believe that focusing on developing a 'Growth Mindset' in our children will help them to build resilience, independence and confidence; embrace challenge; foster a love of learning; and increase their level of happiness. We do this through our school values, the language we use in class, praising children for their efforts, and using language to encourage children to change their way of thinking. This supports both our school, PSHE aims and values and is a focus throughout aspects of school life.
- PSHE, including SMSC and BV, is an integral part of the whole school curriculum, and is therefore often taught within another subject area.
- Visitors such as emergency services and the school nurse and enrichment opportunities such as Harvest Festival, Road Safety Week and Children in Need complement our PSHE curriculum to offer additional learning.
- We encourage our pupils to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community such as School Council and Makaton Club.
- Assemblies are linked to PSHE, British Values and SMSC and cover any additional sessions that would benefit the whole school.
- PSHE, BV and SMSC displays reinforce the PSHE curriculum enabling children to make links.

Targets for 2024 – 2025

- To continue make sure lessons are evidenced in either the children's books or the floor book.

- Have a central display in KS1 and KS2 to remind children of the current topic. Each year to have a part of the display to celebrate their work.
- To make sure all teaching is in line with the current updates in the JIGSAW programme.
- Teachers to take time to read the planning and updates carefully so that lessons are clear and are resourced correctly
- To make sure the children can talk confidently about their JIGSAW learning and articulate what they have achieved through class discussions and work. (Make sure children have a clear understanding of the topics covered)

Evaluation of Targets for 2024-2025

- Most lessons have been evidenced either in children's individual books or in the floor books for discussions
- Central displays have been put up in the west hall for KS2 and the KS1 corridor for KS1.
- Lesson Observations have shown that teachers are aware of the Jigsaw updates and can implement them in their teaching
- More time taken to read plans and get resources would make lessons even better.
- During pupil conferences, KS2 children were able to explain their learning clearly and could give reasons for their learning. Most children could use the correct vocabulary associated with the current learning.

Targets for 2025 – 2026

- To focus on British Values. This needs to be more evident across the school. Children need to associate British Values with their everyday actions
- Teachers to be aware of current updates to RSHE and Jigsaw
- To have a wider school approach involving the whole community- charity events, anti- bullying, Say no to racism etc.
- Have assemblies which support the whole PSHE programme
- Continue to support teachers with resources and advice as and when needed.
- To ensure that the school complies with the updated guidelines for RSE ready for September 2026.