

# WHAT'S FOR LUNCH THIS SPRING/SUMMER?

**Caterlink is an award-winning food service provider catering for primary schools across the country.**

We are passionate about providing your children with freshly prepared school lunches that are true to our fresh food heritage. All our menus are nutritionally analysed to ensure they meet and, in most cases, exceed The School Food Standards set by our nutrition team. We are committed to constantly reviewing our menus and recipes to ensure they are healthy. We have reduced sugar in our desserts to below the 6.5g recommendations by Public Health England and have been recognised as leading the way by SUGAR SMART UK. We have also introduced a number of plant-based recipes to our menus and meat free days to support the sustainability aspects of our offer.

## KEEP IN TOUCH

You can keep up to date with what's going on by visiting our web site

<https://caterlinkltd.co.uk/my-caterlink>

to find the latest news and information about our upcoming theme days and our current menus. You can also get in touch through our Contact Us page. We appreciate all feedback on our service.

## UNIVERSAL INFANT FREE SCHOOL MEALS

Don't forget if your child is in Reception, Year 1 or Year 2, they can enjoy a meal each day without charge, irrespective of income. However, you still need to register if you are entitled to Free School Meals. This is important and helps schools funding.

### FREE SCHOOL MEALS

Low Income - Are you missing out? To check if you are entitled to Free School Meals entitlement ask at your school office.

## RECRUITMENT

We are always looking for new talented team members, if you are interested in joining Caterlink or becoming an apprentice visit us through our web site.

<https://caterlinkltd.co.uk/jobs-careers/>  
or email [hrsupport@caterlinkltd.co.uk](mailto:hrsupport@caterlinkltd.co.uk)

## ALLERGY INFORMATION

If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.



caterlink  
feeding the imagination

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

**WEEK ONE**

15/04/2024  
06/05/2024  
03/06/2024  
24/06/2024  
15/07/2024  
02/09/2024  
23/09/2024  
14/10/2024

Option One	Deep Pan Cheese and tomato Pizza with Salad Bar	<b>Penne Bolognese with Garlic bread</b>	<b>Sausages with Roast Potatoes and Gravy</b>	<b>Greek Chicken Pitta with Rice Tzatziki and salads</b>	<b>Fish Fingers and Chips with tomato Sauce</b>
Option Two	Vegetable Stack with Rice	<b>Vegan Bolognese with Garlic bread</b>	<b>Vegan Sausages with Roast Potatoes and gravy</b>	<b>Cheese Whirl with Rice and salads</b>	<b>Mexican bean roll with Chips and Tomato sauce</b>
Option Three	Jacket potato with Cheese Beans or Tuna	Jacket potato with Cheese Beans or Tuna	Tomato Pasta	Jacket potato with Cheese Beans or Tuna	Tomato Pasta
Vegetables	Vegetables of the day	Vegetables of the day	Vegetables of the day	Vegetables of the day	Vegetables of the day
Dessert	Apple Crumble and cream	Vanilla Sponge	<b>NEW</b> Strawberry Mousse	Mandarin Cake	Vanilla Shortbread

**WEEK TWO**

22/04/2024  
13/05/2024  
10/06/2024  
01/07/2024  
22/07/2024  
09/09/2024  
30/09/2024  
21/10/2024

Option One	Deep Pan Cheese and tomato Pizza with Salad Bar	<b>Beef Burger in a roll with Potato Wedges</b>	<b>Roast Chicken Stuffing Roast potatoes and Gravy</b>	<b>Mac and cheese with Chicken topping and salad</b>	<b>Fish Fingers and Chips with tomato Sauce</b>
Option Two	Vegetable Curry with Rice	<b>Vegan Burger in a roll with Potato wedges</b>	<b>Vegetable Wellington with roast Potatoes and stuffing</b>	<b>Mac and cheese with roasted vegetable topping</b>	<b>Vegan Sausage Roll with Chips and Tomato Sauce</b>
Option Three	Jacket potato with Cheese Beans or Tuna	Jacket potato with Cheese Beans or Tuna	Tomato Pasta	Jacket potato with Cheese Beans or Tuna	Tomato Pasta
Vegetables	Vegetables of the day	Vegetables of the day	Vegetables of the day	Vegetables of the day	Vegetables of the day
Dessert	Chocolate Brownie	<b>NEW</b> Iced Biscuit	Jelly and mandarins	Peach Upside down cake	Oaty Cookie

**WEEK THREE**

29/04/2024  
20/05/2024  
17/06/2024  
08/07/2024  
16/09/2024  
07/10/2024

Option One	Deep Pan Cheese and tomato Pizza with Salad Bar	<b>Sausage Pasta Bake</b>	<b>Roast Turkey Roast Potatoes and Gravy</b>	<b>Chicken Paella with potato bravas</b>	<b>Fish Fingers and Chips with tomato Sauce</b>
Option Two	All Day Vegetarian Breakfast	<b>Vegetable Pasta Bake</b>	<b>Parsnip and sweet potato Loaf with Roast Potatoes and Gravy</b>	<b>Veggie meatballs with potato bravas</b>	<b>Cheese and Bean Pasty with Chips and tomato sauce</b>
Option Three	Jacket potato with Cheese Beans or Tuna	Jacket potato with Cheese Beans or Tuna	Tomato Pasta	Jacket potato with Cheese Beans or Tuna	Tomato Pasta
Vegetables	Vegetables of the day	Vegetables of the day	Vegetables of the day	Vegetables of the day	Vegetables of the day
Dessert	Chocolate and Pear Sponge	Syrup Snap Biscuit	Eves Pudding and Cream	Chocolate Shortbread	Summer Lemon Cake

**MENU KEY**



Added Plant Power



Wholemeal



Vegan



Chef's Special

**Available Daily:** -- Bread freshly baked on site daily- Daily salad selection

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