



## **FREE SCHOOL MEALS COULD SAVE YOU UP TO £400 PER YEAR**

School meals in the city are healthy, tasty, social and fun and by choosing a school lunch for your child/children it will help save you up to £400 per year if you take up the offer.

What's more if you sign up your child's school receives extra funding from the Government, even if your child is getting Universal Infant Free School Meals your child's school will benefit.

Applying online only take a few minutes and can be accessed via the following link.

[Synergy - Enquiry \(servelec-synergy.com\)](http://servelec-synergy.com)

To be eligible for free school meals you need to be in receipt of one of the following benefits:

- Income Support
- Income-based Jobseekers Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The guaranteed element of State Pension Credit
- Child Tax Credit only, provided your annual household income (as assessed by HM Revenue & Customs) does not exceed £16,190. Anyone entitled to Working Tax Credit is not entitled to free meals regardless of income
- Working Tax Credit run-on - paid for 4 weeks after you stop qualifying for Working Tax Credit
- Universal Credit (providing your household income does not exceed £7,400 per year excluding benefits)

All schools in Portsmouth have meals freshly prepared every day. We use high quality ingredients which provide the right amount of energy to ensure that children can work better in the afternoons.

All meat used is British and meets the red tractor standard

All eggs used are free range and sourced locally

Over 75% of our dishes are cooked from scratch using quality ingredients

All fish served is certified as sustainable seafood by the Marine Stewardship Council

Fresh fruit or organic yogurt is available as an alternative to dessert every day

Every effort is made to ensure food is nut free - we do not knowingly use nuts or seeds in any of the recipes or dishes

We are also delighted to share with you that our current menus are accredited by the Soil Association and meet the Bronze Food for Life Standard.

Meat and vegetarian options are available every day, and we can cater for children who require allergy and/or intolerance diets.