





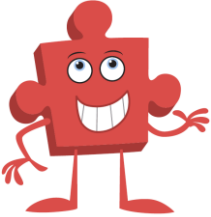




Year Group	Unit coverage	Specific RSE learning outcomes	Social and emotional linked learning
 <p><b>Year R</b></p>	Growing up: how we have changed since we were babies.	I can name parts of the body. I understand that we all grow from babies to adults.	I can tell you some things I can do and foods I can eat to be healthy
 <p><b>Year 1</b></p>	Boys' and girls' bodies; correct names for body parts.	I can tell you how my body has changed since I was a baby. I can identify the parts of the body that make boys different to girls and can use the correct names for these ( <i>penis, testicles, vagina</i> ).  I respect my body and understand which parts are private	I understand that changes happen as we grow and that this is OK.  I know that changes are OK and that sometimes they will happen whether I want them to or not.  I understand that growing up is natural and that everybody grows at different rates.  I can tell you about changes that have happened in my life and know some ways to cope with changes
 <p><b>Year 2</b></p>	Boys' and girls' bodies; body parts and respecting privacy (which parts of the body are private and why this is).	I can recognise cycles of life in nature. I can tell you about the natural process of growing from young to old and understand that this is not in my control.  I can recognise the physical differences between boys and girls.  I can recognise how my body has changed since I was a baby and where I am on the continuum from young to old.  I can recognise the physical differences between boys and girls, use the correct names for parts of the body ( <i>penis, testicles, vagina, anus</i> ) and appreciate that some parts of my body are private.	I understand there are some changes outside of my control and can recognise how I feel about this.  I can tell you what I like and don't like about being a boy/girl.  I am confident to say what I like and don't like and can ask for help

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<p><b>Year 3</b></p> 	<p>How babies grow and how boys' and girls' bodies change as they grow older. Introduction to puberty.</p>	<p>I understand how babies grow and develop in the mother's uterus.</p> <p>I understand what a baby needs to live and grow.</p> <p>I understand that boys' and girls' bodies need to change so that when they grow up their bodies can make babies.</p> <p>I can identify how boys' and girls' bodies change on the outside during this growing up process.</p> <p>I can identify how boys' and girls' bodies change on the inside during the growing up process and can tell you why these changes are necessary so that their bodies can make babies when they grow up (<i>includes new terminology of sperm, ovaries, egg, womb</i>).</p>	<p>I recognise how I feel about these changes happening to me and know how to cope with those feelings.</p> <p>I can express how I feel when my ideas are challenged and might be willing to change my ideas sometimes.</p> <p>I can express how I might feel if I had a new baby in my family.</p>
<p><b>Year 4</b></p> 	<p>Internal and external reproductive body parts. Recap about puberty and menstruation. Conception explained in simple terms.</p>	<p>I understand that some of my personal characteristics have come from my birth parents and that this happens because I am made from the joining of their egg and sperm.</p> <p>I can correctly label the internal and external parts of male and female bodies that are necessary for making a baby.</p> <p>I can describe how a girl's body changes in order for her to be able to have babies when she is an adult, and that menstruation (having periods) is a natural part of this.</p>	<p>I can express my fears and concerns about changes that are outside of my control and know how to manage these feelings positively.</p> <p>I appreciate that I am a truly unique human being.</p> <p>I am confident enough to try to make changes when I think they will benefit me.</p>
<p><b>Year 5</b></p> 	<p>Puberty for boys and girls in more detail including the social and emotional aspects of becoming an adolescent. Conception explained in simple biological terms.</p>	<p>I can explain how a girl's body changes during puberty and understand the importance of looking after yourself physically and emotionally.</p> <p>I can describe how boys' and girls' bodies change during puberty.</p> <p>I understand that sexual intercourse can lead to conception and that is how babies are usually made.</p> <p>I also understand that sometimes people need IVF to help them have a baby.</p>	<p>I know how to develop my own self esteem</p> <p>I can express how I feel about the changes that will happen to me during puberty</p> <p>I understand that puberty is a natural process that happens to everybody and that it will be ok for me</p>

			I am confident that I can cope with the changes that growing up will bring
<p><b>Year 6</b></p> 	<p>Puberty for boys and girls revisited. Understanding conception to the birth of a baby. Becoming a teenager.</p>	<p>I can explain how girls' and boys' bodies change during puberty and understand the importance of looking after yourself physically and emotionally.</p> <p>I can describe how a baby develops from conception through the nine months of pregnancy, and how it is born.</p> <p>I understand how being physically attracted to someone changes the nature of the relationship and what that might mean about having a girlfriend/boyfriend.</p>	<p>I can express how I feel about the changes that will happen to me during puberty.</p> <p>I understand that respect for one another is essential in a boyfriend/girlfriend relationship, and that I should not feel pressured into doing something I don't want to.</p> <p>I can express how I feel about my self-image and know how to challenge negative 'body-talk'.</p> <p>I know how to prepare myself emotionally for the changes next year</p>